

July 2024

Portsmouth Shipyard Currents

Your source for information for MWR, CYP, Fleet & Family Support Services, Family & Bachelor Housing at Portsmouth Naval Shipyard, Kittery, Maine

KITTERY CONCERTS ON THE COMMON

Tuesdays 6:30 to 8 pm - Rain or Shine
July 9, 16, 23 shows will play at John Paul Jones Memorial Park in Kittery. Other shows play in the front field of the Kittery Community Center. All shows are FREE!



July 9 - Big Picture Band



Big Picture is a high energy rock band playing hits from the 70's-90's. Based out of Southern NH/Maine, we have played in the Seacoast area and beyond for years and can't wait to rock the house for your next event! Our big influences include Heart, Pat Benatar, Sammy Hagar, AC/DC, Journey, and Boston just to name a few- but we are always changing our set list to keep things exciting.

July 16 - The PMAC New Horizons Band



The PMAC New Horizons Band is back at the Kittery Community Center this summer for the first time since 2019. Come hear a fun and engaging concert of music for the entire family, including film scores, Broadway medleys, concert marches, and more. The band features adult amateur musicians from throughout the region, including many who played in their youth who have returned to making music as an adult after many years of not playing. Come hear this inspiring group of musicians!

July 23 - Pub Pirates



A group of Musicians that have been in the Music industry for over 50 years. From Springvale ME, York ME, Rochester NH, and Dover NH. Performing music for everyone with the diverse collection of material. With, John Rachkoskie bringing his massive guitar sound, Skip Flint keeping the bottom alive with his Bass work, Allen Breton filling a room with his keys, and Richard Fall keeping the sound all together on drums. Always a fun time for sure!

July 30 - North River Music



North River Music is an Americana band with strong harmonies and expressive musicianship. Playing familiar songs with their own roots/bluegrass sound, a North River set is fun to listen to with something for everyone. From Crosby Stills and Nash, The Eagles and Dylan to traditional American standards come to listen - you'll like what you hear!

August 6 - Girls Just Wanna Have Fun



Get ready to transport yourself back to the totally tubular 80's with the Girls Just Want To Have Fun Band, New England's 80's Ladies Tribute Band! Featuring a talented and energetic female fronted lineup. Catchy tunes and vibrant performances will have you dancing and singing along to all your favorite hits from the iconic era. This band brings the party wherever they go!

August 13 - Common Ground Band



Common Ground Band is a cover band playing the best rock, R&B, and blues from the 60's through the 90's.



PNSY MWR: www.facebook.com/pnsyffr | KCC: www.facebook.com/kittcommctr

Fletcher Fitness Center

Building 301

Programs & Events are FREE

to all authorized patrons

More info call: 207-438-4261

Mon-Fri, 5 a.m. - 8 p.m.

Sat & Sun, 8 a.m. - 4 p.m.

*Hours are subject to change

2000 Meter Row

Month of July

July fitness competition at the Fletcher Fitness center for the whole month. Fastest time to reach 2000 meters on the rower machine wins. Names will be placed on Leader Board in order of fastest to slowest times.

Disc Golf Tournament

Wednesday, July 24 | 4 p.m.

Disc golf is scored like traditional golf but it involves throwing a disc from a tee off point to a target (a basket with chains). Players keep count of throws (or strokes); and just like golf the lowest number of strokes wins. Report to Fitness Center for Scorecards. Winner will receive a prize.

Discount Tickets, Trips & Tours at ITT

Building 22

More info call: 207-438-2713

Operational Hours:

Mon-Thurs, 8 a.m. - 6 p.m.

Fri, 8 a.m. - 8 p.m. | Sat, 1 - 6 p.m.

*On all trips there are no refunds if a customer cancels unless we are able to fill their spot.

Free Movies

Free movies play in the Shipyard Auditorium, Building 22.

Friday Movies are at 6 p.m. and Saturday Movies are at 2 p.m. To find a full list of movies that will be playing this month visit our FB page: www.facebook.com/pnsyffr

Sand, Cannon & Frost Sculptured Sand, Cannon Mountain, & The Frost Place

Sunday, July 7

\$80 (includes Tram ticket, Sand Sculptures Admission and van transportation)

Come with us and take the path less travelled. Our first stop is "Tales of the Dark Forest" in North Woodstock, NH where we will see legendary sand sculptures, then after a stop for lunch (pack your own), we head to the top of Cannon Mountain via the Aerial Tramway. On a sunny day you can see Maine, VT, NY, and Canada from this NH gem. Our last stop is to the Frost Place - Robert Frost's home in Franconia, NH for their open house. We leave at 9 a.m. and return by 6 p.m. with so many photos you'll need to boost your photo storage capacity and want to head back into the woods.

Yarmouth Clam Festival

Friday, July 19

\$25 (includes van transportation)

This Maine summertime tradition (started in 1965) is back. The Yarmouth Clam Festival has something for everyone. You can enjoy so much food - and of course clams and other favorites, shop at the craft tables, white elephant sales, check out the carnival, the art, music and kid's area. Friday is a great opportunity to see most everything and avoid the weekend crowds. Bringing a bag recommended. Our van departs at 8 a.m. from PNSY and heads to the Cuddledown Annual Tent Sale for a quick stop (think pillow for return trip). We then head to Garmin in Yarmouth to see the World's Largest Indoor Globe and then head to the Yarmouth Clam Festival. At 3 p.m. we'll meet and start our return to the Shipyard for 5 p.m.

Monehagn Island Day Trip

Saturday, July 27, 2024

\$90 (includes van & boat transportation)

\$60 (drive yourself & meet at boat. There is a \$20 cash fee for parking) You probably have seen this place in paintings! Discover why Monhegan Island is so popular yet so quiet. No cars, no streets and no shopping malls. One of Maine's secret hideaways. We leave PNSY at 6 a.m. and head to New Harbor, ME where we will cruise to and visit the island for 5 hours. You can hike the cliff trails, see Monhegan Lighthouse, visit the Art Museum and have a fish taco on Fish Beach. (Meals are your own) Pack water and snacks. We depart the island at 3 PM and will have a quick stop in Damariscotta before heading back. We will depart the island at 3 p.m. and will stop in Woolwich for dinner before returning to PNSY at 8 p.m.

Tirante Tavern

Building 22

More info call: 207-438-1751

Operational Hours:

Monday to Friday,
Breakfast, 6 a.m. to 8 a.m.

Lunch, 11 a.m. to 12:30 p.m.

Gluten Free Options

Now offering gluten free items for both breakfast and lunch, including gluten free pizza.

Stay Connected

Get updates right on your phone! Sign up for our texting program:

**Text PNSYFUN to
888-697-6762**

You can also download the NAVY MWR PNSY App! Available on both Apple Store and Google Play.



www.navylifePNSY.com

Saco River Tubing



Sunday, August 13, 2023

Don't let the lazy days of summer pass without a float down the Saco River!

We'll provide the open bottomed float with cup holder, life vest, and shuttle up river. We'll head down the river for a mile and a half (up to two hours). If there's time you can even go again. We'll leave the Shipyard at 9 a.m. and head to North Conway where you can relax and have an early lunch (on your own). At noon we'll meet and head down the road (Conway, NH), change, take a shuttle, and start our floating adventure (1-3 p.m.). We'll leave at 3:30 p.m. returning by 6 p.m. Don't let this opportunity float away.

**Water shoes are required for the shuttle.
Waivers must be signed in advance.**

**\$50 includes
van transportation,
open bottom tube rental
with cupholder, life jacket,
shuttle up river and rec fees**

OR

**\$25 meet us there
(Arrive 12:15 pm for a
12:30 pm shuttle)**



Call ITT in Building 22 at 207-438-2713 to Sign up!

www.navalifePNSY.com | www.facebook.com/pnsyffr